

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING	LISTENING/DVD	SPEAKING	WRITING
UNIT 1 BEGINNINGS page 7 Video podcast What makes a good flatmate?							
1.1 Ideal flatmates page 8	direct and indirect questions	personality	sentence stress and intonation in question forms	read descriptions of people on a flatmate finder site; read an informal email	listen to a radio programme about speed flatmating	ask personal questions; talk about the kind of people you get on with	write an informal email; learn to check your work for accuracy
1.2 It's a first page 11	present perfect and past simple including time phrases	feelings -ed/-ing adjectives; modifiers with gradable and ungradable adjectives; word formation: nouns from adjectives	connected speech in the past simple and present perfect	read a review of the BBC programme <i>I've never seen Star Wars</i> ; read and answer a personality quiz	listen to people describing how certain activities make them feel	talk about experiences	
1.3 I'd like to enquire page 14	making polite phone enquiries	phrases used in adverts	intonation in polite enquiries	read several short adverts	listen to a phone enquiry about a language course	role play making phone enquiries; learn to manage enquiries	
1.4 Off the Hook page 16		phrases for telling a personal story			Off the Hook: watch and listen to a drama about starting university	describe a first encounter	write a summary of a first encounter story
UNIT 2 ISSUES page 19 Video Podcast Does money make you happy?							
2.1 Comic relief page 20	present perfect simple and present perfect continuous	social issues; verbs and nouns with the same form	sentence stress and weak forms in the present perfect	read two articles about a charity; read and answer a geography quiz		talk about charities and social issues	
2.2 We're being watched page 23	the passive	surveillance	sentences stress with the passive	read a letter of complaint	listen to opinions about surveillance	discuss surveillance society; role play a meeting to discuss crime-cutting plans	write a letter of complaint; learn to use formal written language
2.3 Just what I was thinking! page 26	giving and responding to opinions	opinion adjectives	sentence stress in opinion phrases	read a series of newspaper extracts	listen to informal discussions	discuss different issues; learn to support your viewpoint	
2.4 The Happiness Formula page 28		consumer society; survey phrases			The Happiness Formula: watch an extract from a documentary about happiness in the West	discuss ingredients of happiness; carry out a happiness survey	write tips for being happy for a website
UNIT 3 DOWNTIME page 31 Video podcast What's the perfect way to switch off?							
3.1 Dangerous games page 32	Habit and routine: <i>used to, would, be/get used to</i>	good and bad behaviour		read an article about the effects of computer gaming on one relationship; read an opinion essay		talk about playing games and sports; discuss bad habits and how to prevent them	write an opinion essay about leisure time; learn to use linkers in an opinion essay
3.2 Find your niche page 35	future forms review: <i>going to, present continuous, present simple, will, be likely to, might, could</i>	locations; uncountable and plural nouns	connected speech in future forms	read and answer a travellers' quiz	listen to a radio programme about niche travel	talk about holidays; plan and present a niche holiday	
3.3 How does it work? page 38	describing procedures	common actions in procedures	sentence stress in phrases to explain procedure, and in mirror questions		listen to descriptions of two TV game shows	talk about game shows; learn to use mirror questions; describe a procedure	
3.4 Great experiences page 40		phrases for describing and recommending an activity			50 Things To Do Before You Die: watch an extract from a programme about great experiences	recommend an experience you have had	write a true story
UNIT 4 STORIES page 43 Video podcast What was the last book you read?							
4.1 And the moral is ... page 44	narrative tenses	sayings e.g. <i>every cloud has a silver lining</i>	weak forms in narrative tenses	read stories with a moral		tell a personal anecdote	write a story; learn to use adverbs in stories
4.2 A life in six words page 47	wishes and regrets: <i>I wish / if only / should have</i>	regrets; multi-word verbs	sentence stress and weak forms in regrets	read a biography of Sir David Attenborough	listen to a radio programme about very short stories	talk about wishes and regrets	
4.3 It's a great read page 50	expressing likes and dislikes	reading	sentence stress in phrases for likes and dislikes		listen to people recommending books	talk about reading habits; learn to summarise a plot; talk about a favourite book	
4.4 Tess of the D'Urbervilles page 52		feeling adjectives; phrases for describing a favourite scene		read an article about a favourite film moment	Tess of the D'Urbervilles: watch an extract from a drama about a girl in 19 th Century rural England	describe a favourite scene in a TV programme or film	write a description of a favourite scene
UNIT 5 IDEAS page 55 Video Podcast If you could start a business, what would it be?							
5.1 Bright ideas page 56	articles	change; compound nouns	pronunciation of <i>the</i> ; stress in compound nouns	read an article about the worst inventions ever		talk about the effects of inventions	
5.2 Consumer crazy page 59	conditionals: review of zero, first and second conditionals; <i>as long as, unless, providing that</i>	advertising	sentence stress in conditional clauses	read and answer a questionnaire on advertising	listen to a programme about advertising	discuss advertising tactics	write a report; learn to make written comparisons
5.3 What do you think? page 62	suggesting ideas	adjectives to describe ideas	intonation in phrases for suggesting ideas	read about the five rules of brainstorming	listen to people brainstorming	brainstorm ideas on a 'how to' topic; learn to show reservations	
5.4 Genius page 64		phrases for presenting a business idea			Genius: watch an extract from a programme about funny ideas	present a 'genius' business idea	write a product leaflet for a 'genius' idea
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UNIT 6 AGE page 67 Video podcast What was the best period of your life?							
6.1 The time of my life page 68	modal verbs and phrases for obligation, prohibition, permission and ability	age; word formation: nouns from verbs	sentence stress with modal verbs and phrases	read website forum entries on the best and worst thing about being your age		talk about different ages; discuss similarities and differences between generations	
6.2 Future me page 71	future perfect and future continuous	optimism and pessimism	stress and weak forms in future perfect and continuous	read and answer a quiz on how optimistic you are; read a letter written by someone to his future self	listen to a radio programme about writing letters to your future self	talk about your future hopes and plans	write a letter to your future self; learn to use linkers of purpose
6.3 So what you're saying is ... page 74	persuading	verb + noun collocations	intonation in phrases for persuading		listen to a radio phone-in programme about life's milestones	role play a radio phone-in; learn to ask for clarification	
6.4 How to Live to 101 page 76		collocations about living longer		read a forum comment stating an opinion	How to Live to 101: watch an extract from a documentary about people who live to a very old age	plan and take part in a debate	write a forum comment giving your opinion
UNIT 7 MEDIA page 79 Video podcast What kind of news stories interest you?							
7.1 Best of the Beeb page 80	quantifiers: <i>a good deal of, little, a little, each, every, a few, quite a few, several, plenty of, lots of, no</i>	television; multi-word verbs with more than one meaning	final consonants and initial vowels in connected speech	read an article about five 'must see' TV programmes		talk about TV watching habits	
7.2 The news that wasn't page 83	reported speech	reporting verbs		read and answer a questionnaire about trust	listen to an expert talking about hoax photographs	discuss answers to a quiz; discuss celebrities and the media	write a discursive essay; learn to use linkers of contrast
7.3 What's in the news? page 86	adding emphasis	the press	stress to add emphasis	read an article about topics that keep the tabloids in business	listen to people talking about recent news stories	talk about the press; discuss 'top five' lists; learn to make guesses	
7.4 News blunders page 88		when things go wrong; phrases for re-telling a news story		read a newspaper article about a man who traded a paper clip for a house	The Funny Side of the News: watch and understand a programme about live news	retell a recent news story	write a news article
UNIT 8 BEHAVIOUR page 91 Video Podcast What kind of behaviour gets on your nerves?							
8.1 It's a tough call page 92	conditionals: second, third and mixed conditionals	collocations connected to decision making	weak forms in conditionals	read three news stories about behaviour in tough situations		discuss difficult decisions	
8.2 Body clock Page 95	-ing form and infinitive	feelings phrases; idioms connected to time	sentence stress and weak forms in verb phrases	read a quiz on whether you're a morning or an evening person	listen to people talking about their attitudes to time; listen to a radio programme about people's daily rhythms	talk about your attitude to time	write an informal article; learn to use an informal style in an article
8.3 Have you got a minute? page 98	handling an awkward situation	adjectives of manner	sentence stress and intonation when handling an awkward situation		listen to someone talking through an awkward situation.	talk about how to handle awkward situations; role play an awkward situation; learn to soften a message	
8.4 The Human Animal page 100		phrases to talk about a family or cultural ritual		read about a family ritual	The Human Animal: watch an extract from a programme about body language	describe a family or cultural ritual	write about a family ritual
UNIT 9 TROUBLE page 103 Video podcast Do you have any phobias?							
9.1 Witness page 104	-ing form and infinitive with different meanings	crime	silent letters in connected speech	read an article about memory; read newspaper extracts about crime		discuss how good a witness you are; talk about what you would do in difficult situations	
9.2 Scam page 107	past modals of deduction	synonyms for verbs connected to scams; verbs + dependent prepositions	connected speech in past modals of deduction	read an advice leaflet about how to avoid trouble on holiday	listen to people talking about getting tricked	speculate about how scams work	write an advice leaflet to help visitors to your city; learn to avoid repetition
9.3 It's an emergency page 110	reporting an incident	verb phrases for incidents	sentence stress	read about strange reasons people call emergency services.	listen to someone reporting an incident	role play reporting an incident; learn to rephrase	
9.4 Mayday! page 112		survival items; phrases to negotiate agreement		read a story about a lucky escape	999: watch an extract from a documentary about a sea rescue	discuss items to take on a life raft	write a story about a lucky escape
UNIT 10 CULTURE page 115 Video podcast What areas of the Arts do you enjoy?							
10.1 Moving experiences page 116	relative clauses	adjectives to describe films	intonation in non-defining relative clauses	read a film review	listen to a film review on a radio programme	talk about films	write a film review; learn to write more descriptively
10.2 Popular culture page 119	participle clauses	the arts; two-part phrases: <i>dos and don'ts, pros and cons</i> etc	connected speech in two-part phrases	read an insiders' answers to popular culture questions; read forum entries about the arts		talk about popular culture and arts experiences	
10.3 On your left ... page 122	giving a tour	dimensions	intonation in phrases adding interest		listen to tours of two different places	learn to express estimates; role play showing a visitor around part of your town	
10.4 Banksy page 124		phrases to describe art; phrases to discuss options			The One Show: watch an extract from a programme about a famous graffiti artist	choose a new artistic project for your town	write a description of a favourite work of art or building
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